

## Soprano and Tenor Exercises Week 1

- Look at the key signature and the meter signature.
- Quickly tune to the tonic note when you hear the triad.
- Sing the first time as fast as you can manage. Sing the actual reading slowly and deliberately. It will be helpful to use the click track as you practice.

### Day 1

Exercise A  
CD click 1  
w/o click 2  
Answer 17

Exercise B  
CD click 5  
w/o click 6

Exercise C  
CD click 1  
w/o click 2

### Day 2

Exercise A  
CD click 5  
w/o click 6

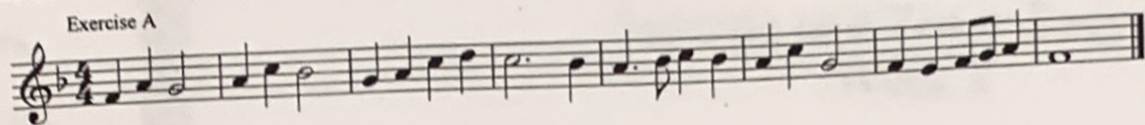
Exercise B  
CD click 1  
w/o click 2  
Answer 18

Exercise C  
CD click 1  
w/o click 2

## Day 3

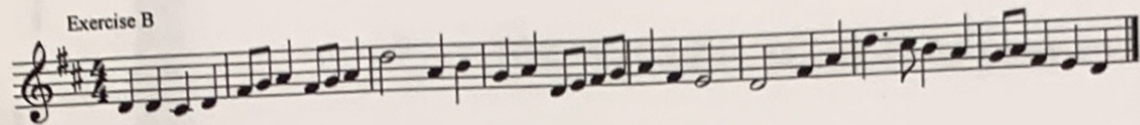
### Exercise A

CD click 1  
w/o click 2



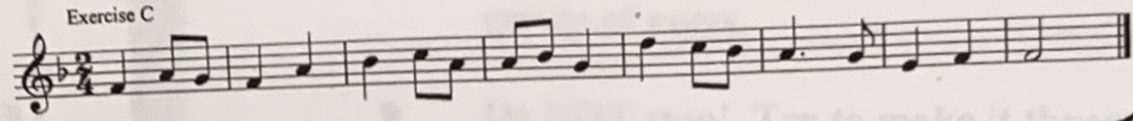
### Exercise B

CD click 7  
w/o click 8



### Exercise C

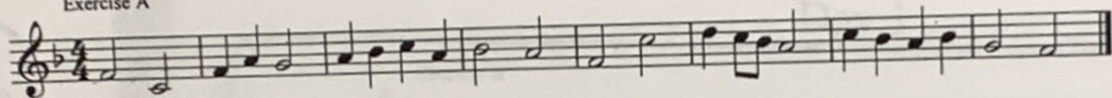
CD click 1  
w/o click 2  
Answer 19



## Day 4

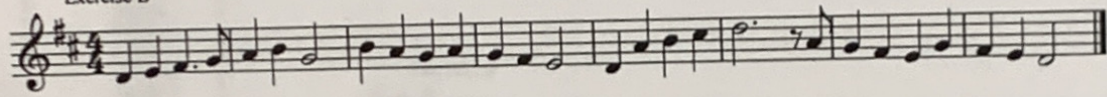
### Exercise A

CD click 1  
w/o click 2



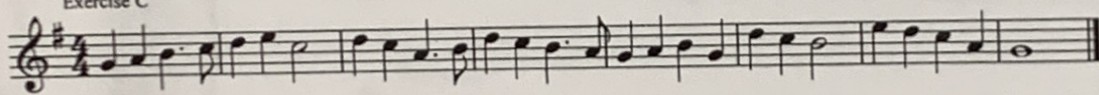
### Exercise B

CD click 7  
w/o click 8  
Answer 20



### Exercise C

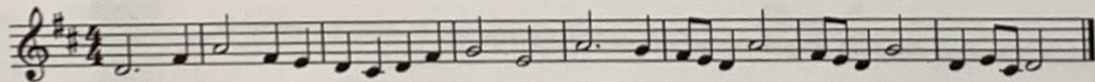
CD click 5  
w/o click 6



## Day 5

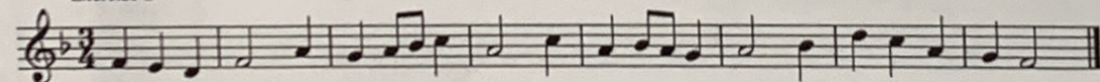
### Exercise A

CD click 7  
w/o click 8  
Answer 21



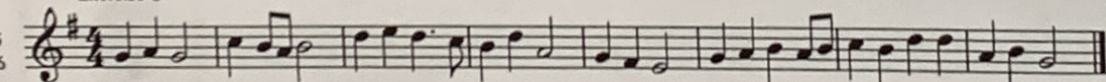
### Exercise B

CD click 1  
w/o click 2



### Exercise C

CD click 5  
w/o click 6



# Soprano and Tenor Exercises

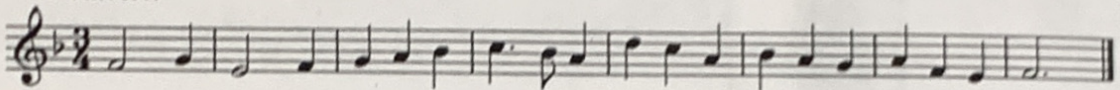
## Week 2

- Sing strongly. It will keep your confidence high.
- Look ahead. Keep your eyes moving to the next group of notes.
- Do NOT stop! Try to make it through the exercise in thirty seconds.

### Day 1

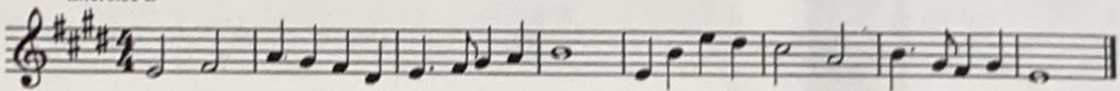
Exercise A

CD click 1  
w/o click 2



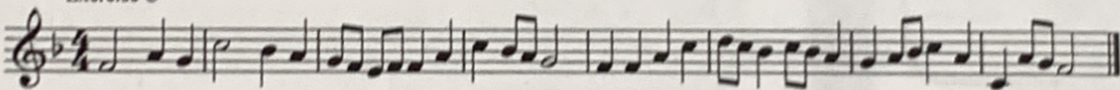
Exercise B

CD click 13  
w/o click 14



Exercise C

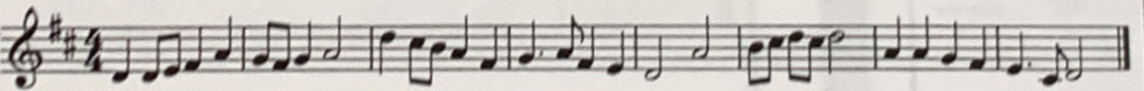
CD click 1  
w/o click 2  
Answer 22



### Day 2

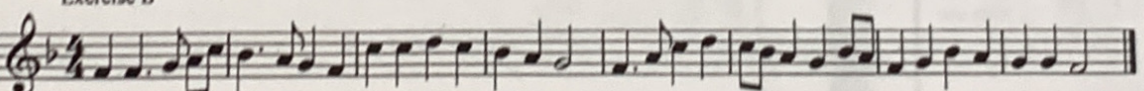
Exercise A

CD click 7  
w/o click 8



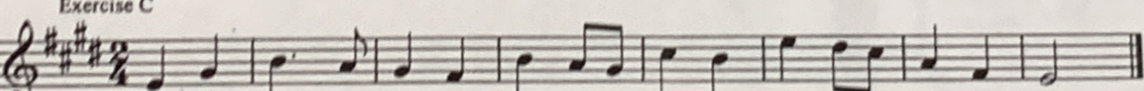
Exercise B

CD click 1  
w/o click 2



Exercise C

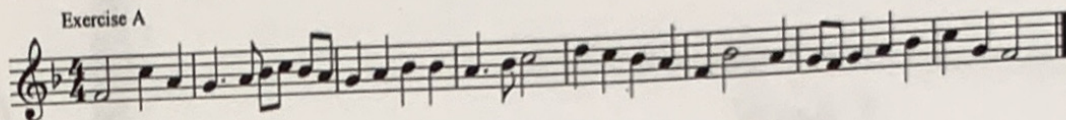
CD click 13  
w/o click 14  
Answer 23



## Day 3

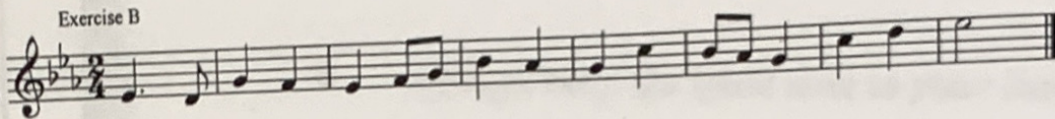
### Exercise A

CD click 1  
w/o click 2



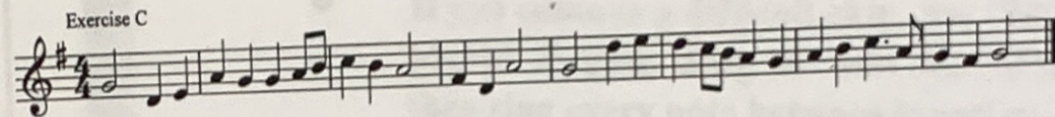
### Exercise B

CD click 9  
w/o click 10  
Answer 24



### Exercise C

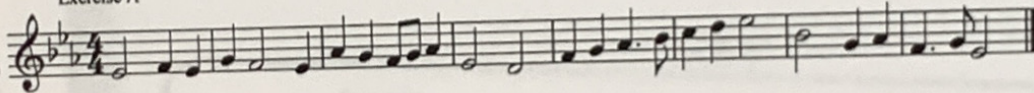
CD click 5  
w/o click 6



## Day 4

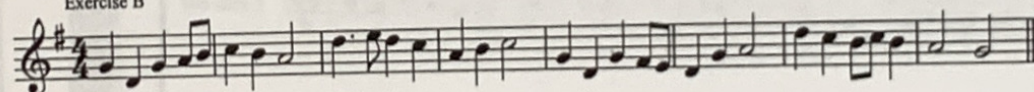
### Exercise A

CD click 9  
w/o click 10



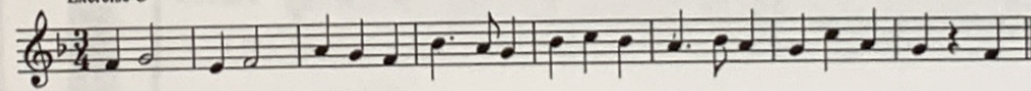
### Exercise B

CD click 5  
w/o click 6  
Answer 25



### Exercise C

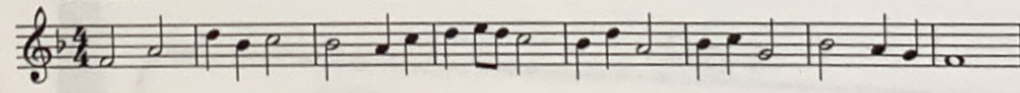
CD click 1  
w/o click 2



## Day 5

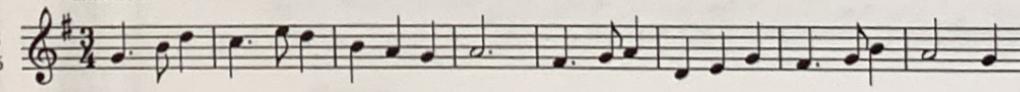
### Exercise A

CD click 1  
w/o click 2  
Answer 26



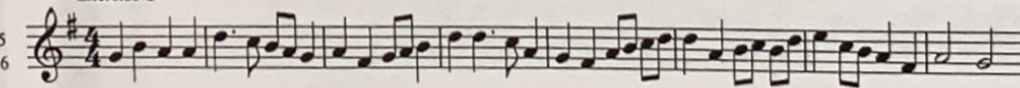
### Exercise B

CD click 5  
w/o click 6



### Exercise C

CD click 5  
w/o click 6



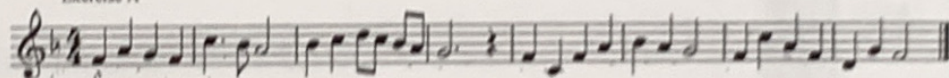
## Soprano and Tenor Exercises Week 3

- Always keep the tonic note in your inner ear.
- If you come to a difficult skip, use "fill-in-the-blank" singing. Sing the first note of the interval, then sing every note between it and the second note you are trying to sing as if it were a scale. Sing that twice quickly, then sing the outside two notes by themselves. THAT is your interval.

### Day 1

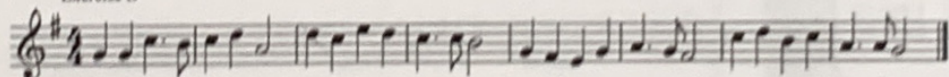
#### Exercise A

CD click 1  
w/o click 2



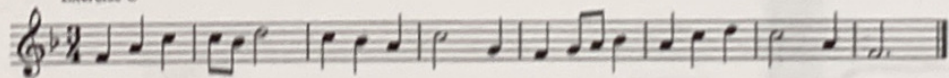
#### Exercise B

CD click 5  
w/o click 6



#### Exercise C

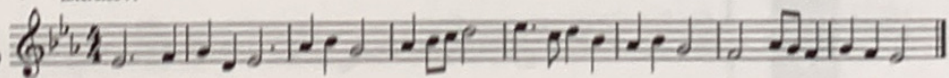
CD click 1  
w/o click 2



### Day 2

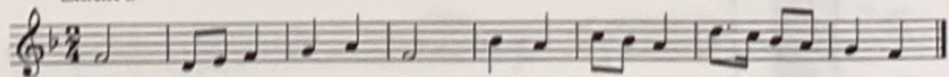
#### Exercise A

CD click 9  
w/o click 10



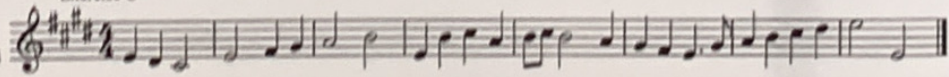
#### Exercise B

CD click 1  
w/o click 2



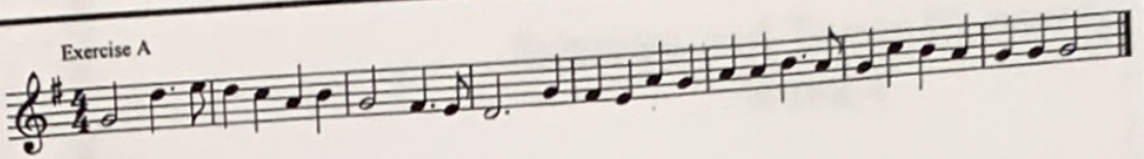
#### Exercise C

CD click 13  
w/o click 14

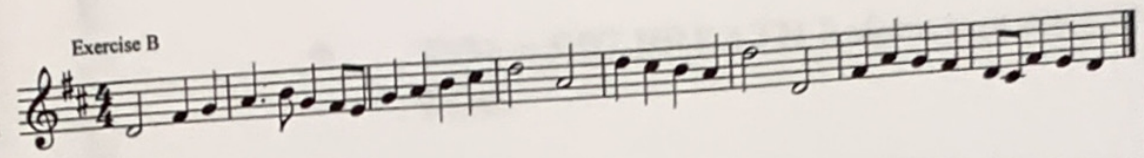


## Day 3

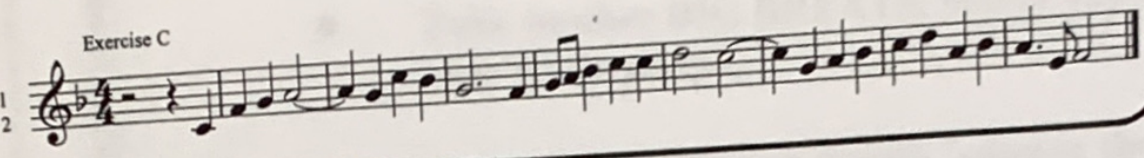
Exercise A  
CD click 5  
w/o click 6



Exercise B  
CD click 7  
w/o click 8

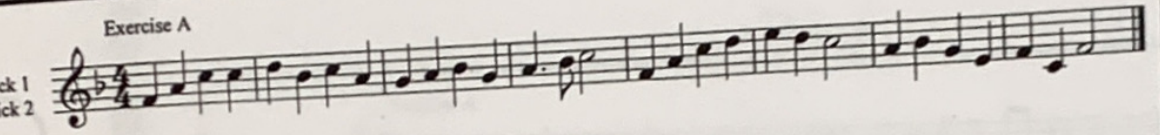


Exercise C  
CD click 1  
w/o click 2

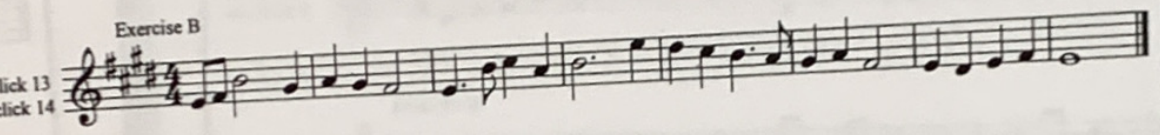


## Day 4

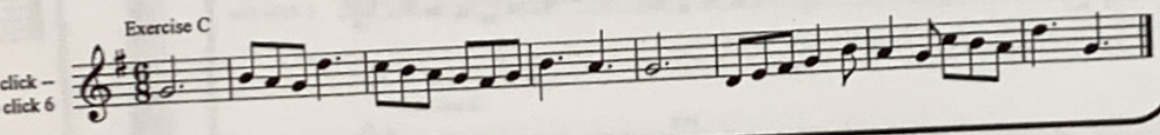
Exercise A  
CD click 1  
w/o click 2



Exercise B  
CD click 13  
w/o click 14

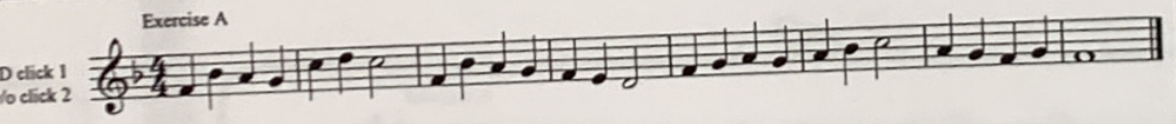


Exercise C  
CD click --  
w/o click 6

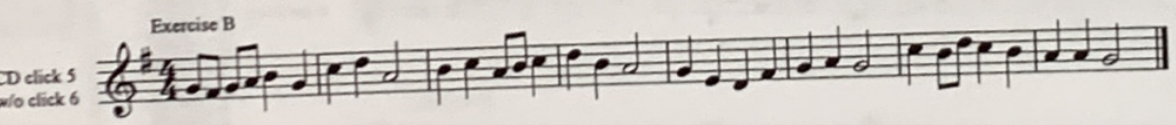


## Day 5

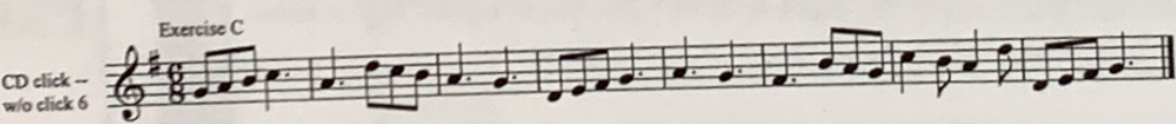
Exercise A  
CD click 1  
w/o click 2



Exercise B  
CD click 5  
w/o click 6



Exercise C  
CD click --  
w/o click 6



# Soprano and Tenor Exercises

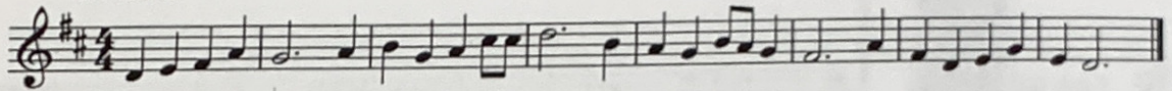
## Week 4

- Take a **BIG BREATH** before you sing the tonic triad.
- Take another **BIG BREATH** before you begin your study period.
- Take a slow cleansing breath between the study period and your actual reading. Take a **BIG BREATH** to begin the final reading.

### Day 1

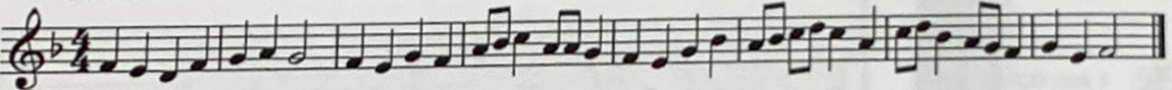
Exercise A

CD click 7  
w/o click 8



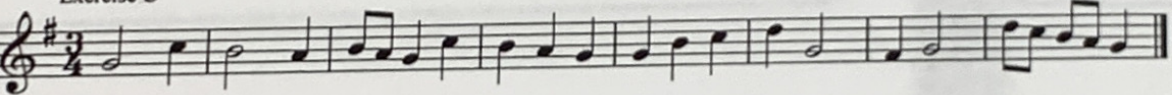
Exercise B

CD click 1  
w/o click 2



Exercise C

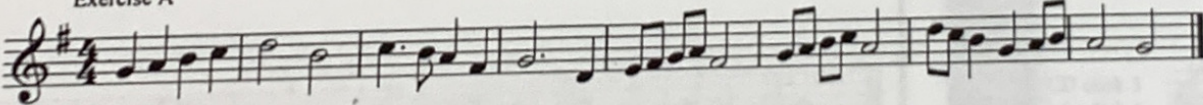
CD click 5  
w/o click 6



### Day 2

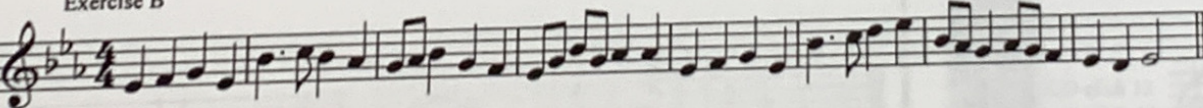
Exercise A

CD click 5  
w/o click 6



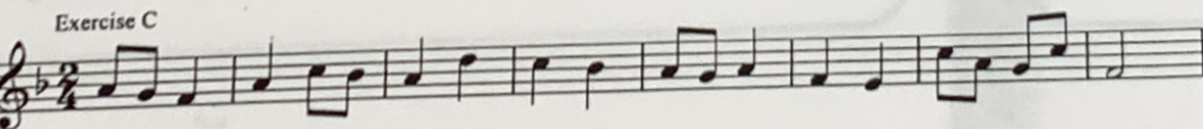
Exercise B

CD click 9  
w/o click 10



Exercise C

CD click 1  
w/o click 2



### Day 3

Exercise A  
CD click 13  
w/o click 14

Exercise B  
CD click 1  
w/o click 2

Exercise C  
CD click 7  
w/o click 8

### Day 4

Exercise A  
CD click 5  
w/o click 6

Exercise B  
CD click 9  
w/o click 10

Exercise C  
CD click 1  
w/o click 2

### Day 5

Exercise A  
CD click 1  
w/o click 2

Exercise B  
CD click 5  
w/o click 6

Exercise C  
CD click 9  
w/o click 10

Exercise  
CD click 1  
w/o click 2

Exercise  
CD click 9  
w/o click 10

Exercise  
CD click 5  
w/o click 6

Exercise  
CD click 1  
w/o click 2

Exercise  
CD click 5  
w/o click 6

Exercise  
CD click 13  
w/o click 14



## Soprano and Tenor Exercises Week 5

- Learn and use your Kodály hand signs.
- Keep a steady pulse, moving your arm or hand in tempo.
- Show pitch level by moving your hand signs up and down as the pitches move up and down.

### Day 1

Exercise A  
CD click 1  
w/o click 2

Exercise B  
CD click 9  
w/o click 10

Exercise C  
CD click 5  
w/o click 6

### Day 2

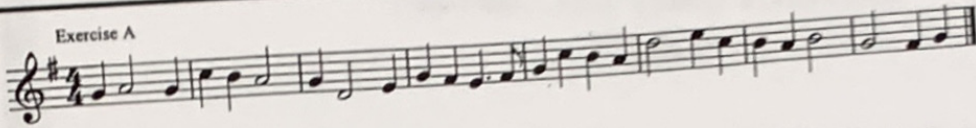
Exercise A  
CD click 1  
w/o click 2

Exercise B  
CD click 5  
w/o click 6

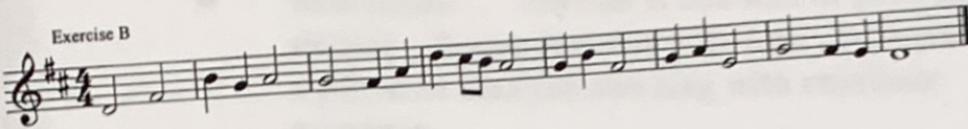
Exercise C  
CD click 13  
w/o click 14

### Day 3

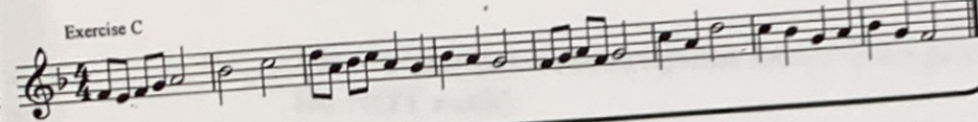
CD click 5  
w/o click 6



CD click 7  
w/o click 8

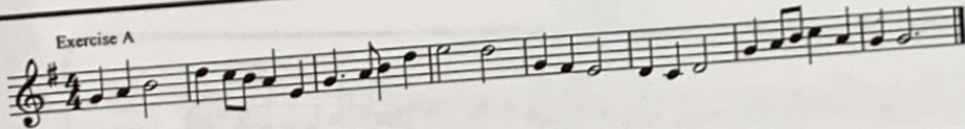


CD click 1  
w/o click 2

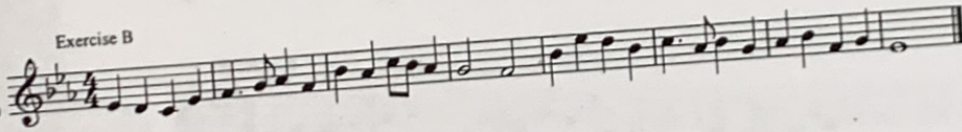


### Day 4

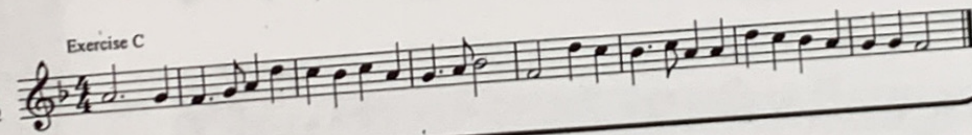
CD click 5  
w/o click 6



CD click 9  
w/o click 10

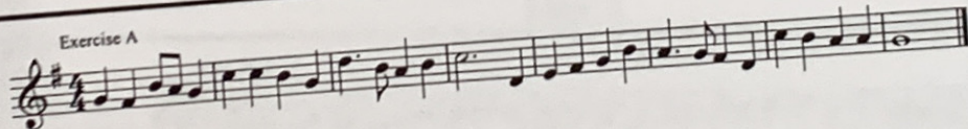


CD click 1  
w/o click 2

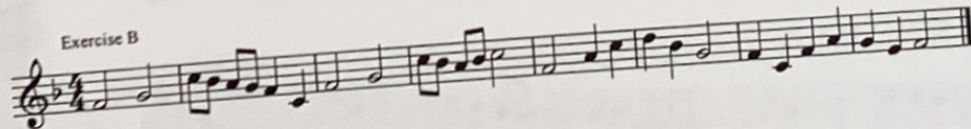


### Day 5

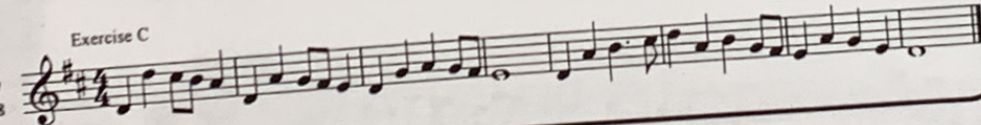
CD click 5  
w/o click 6



CD click 1  
w/o click 2



CD click 7  
w/o click 8



CD click 1  
w/o click 2



CD click 7  
w/o click 8



CD click 5  
w/o click 6



CD click 9  
w/o click 10



CD click 1  
w/o click 2



CD click 5  
w/o click 6



# Soprano and Tenor Exercises

## Week 6

- Remember . . . rhythm is one-half of good sight singing. Be comfortable with how rhythm is notated so that you can sing with rhythmic accuracy.
- Your brain processes rhythm faster than pitch. Do NOT rush!
- Be sure to give the final note its full value.

### Day 1

Exercise A  
CD click 1  
w/o click 2

Exercise B  
CD click 7  
w/o click 8

Exercise C  
CD click 5  
w/o click 6

### Day 2

Exercise A  
CD click 9  
w/o click 10

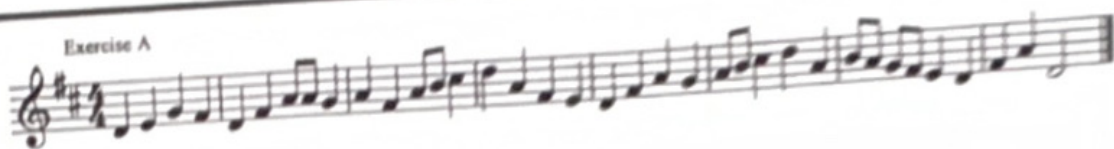
Exercise B  
CD click 1  
w/o click 2

Exercise C  
CD click 5  
w/o click 6

## Day 3

### Exercise A

CD click 7  
w/o click 8



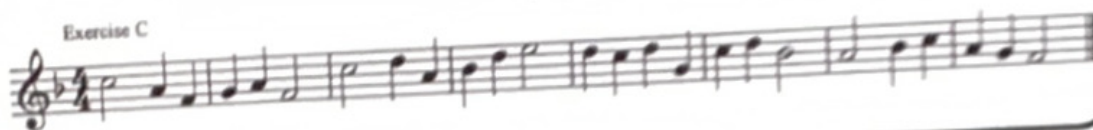
### Exercise B

CD click 5  
w/o click 6



### Exercise C

CD click 1  
w/o click 2



## Day 4

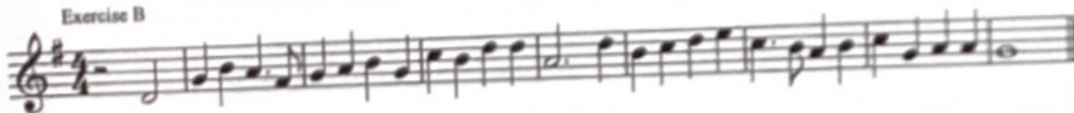
### Exercise A

CD click 1  
w/o click 2



### Exercise B

CD click 5  
w/o click 6



### Exercise C

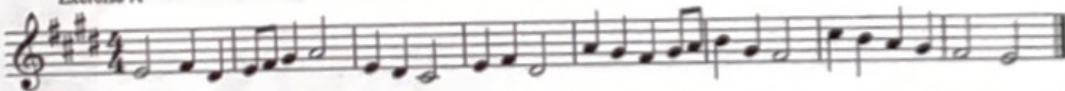
CD click 13  
w/o click 14



## Day 5

### Exercise A

CD click 13  
w/o click 14



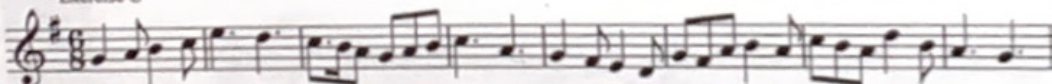
### Exercise B

CD click 13  
w/o click 14



### Exercise C

CD click -  
w/o click 6



# Soprano and Tenor Exercises

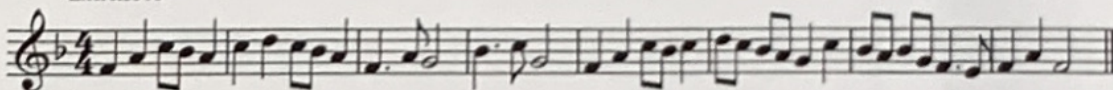
## Week 7

- Know your key signatures. This is necessary so you can quickly locate the tonic note.
- Remember that sometimes the starting pitch will NOT be the tonic note.
- Be sure to sing the starting pitch strongly.

### Day 1

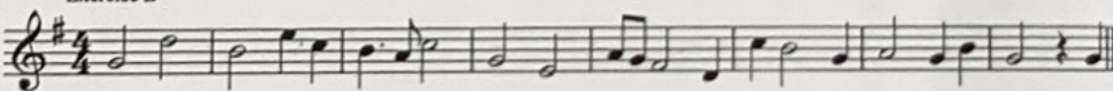
Exercise A

CD click 1  
w/o click 2



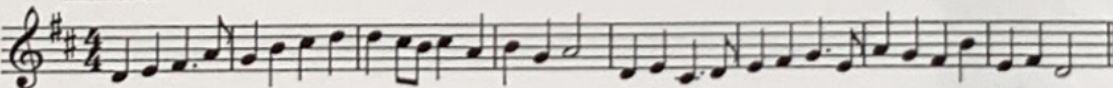
Exercise B

CD click 5  
w/o click 6



Exercise C

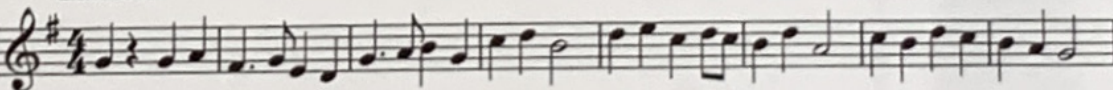
CD click 7  
w/o click 8



### Day 2

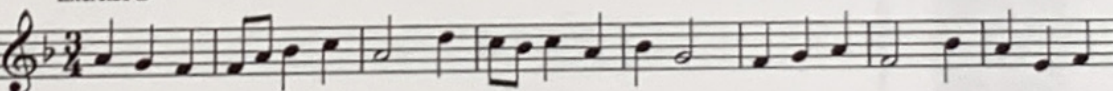
Exercise A

CD click 5  
w/o click 6



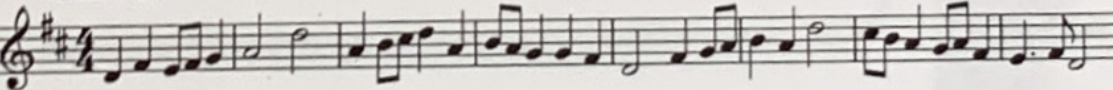
Exercise B

CD click 1  
w/o click 2



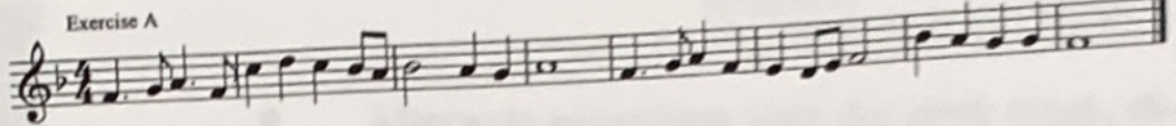
Exercise C

CD click 7  
w/o click 8



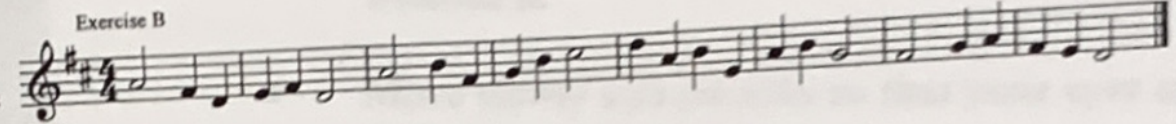
## Day 3

Exercise A  
CD click 1  
w/o click 2



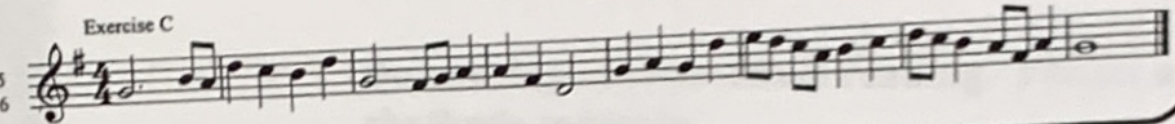
Musical notation for Exercise A on Day 3, written in treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The exercise consists of a single melodic line with various rhythmic patterns, including eighth and sixteenth notes, and rests.

Exercise B  
CD click 7  
w/o click 8



Musical notation for Exercise B on Day 3, written in treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The exercise consists of a single melodic line with various rhythmic patterns, including eighth and sixteenth notes, and rests.

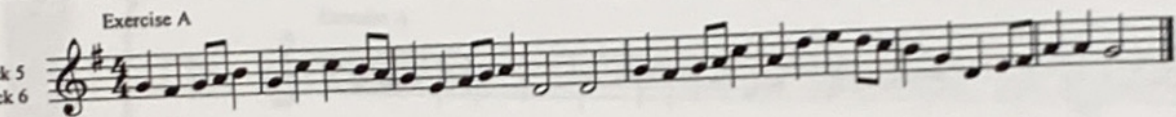
Exercise C  
CD click 5  
w/o click 6



Musical notation for Exercise C on Day 3, written in treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The exercise consists of a single melodic line with various rhythmic patterns, including eighth and sixteenth notes, and rests.

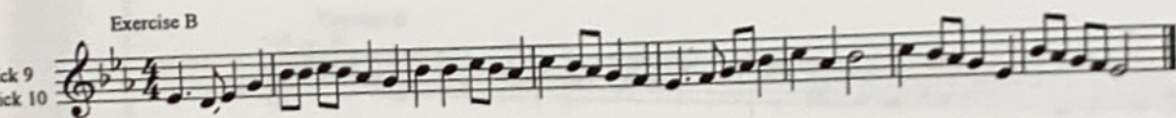
## Day 4

Exercise A  
CD click 5  
w/o click 6



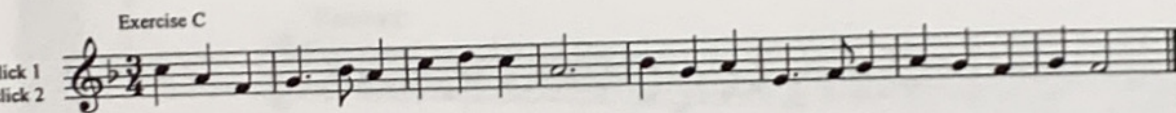
Musical notation for Exercise A on Day 4, written in treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The exercise consists of a single melodic line with various rhythmic patterns, including eighth and sixteenth notes, and rests.

Exercise B  
CD click 9  
w/o click 10



Musical notation for Exercise B on Day 4, written in treble clef with a key signature of two flats (Bb, Eb) and a 4/4 time signature. The exercise consists of a single melodic line with various rhythmic patterns, including eighth and sixteenth notes, and rests.

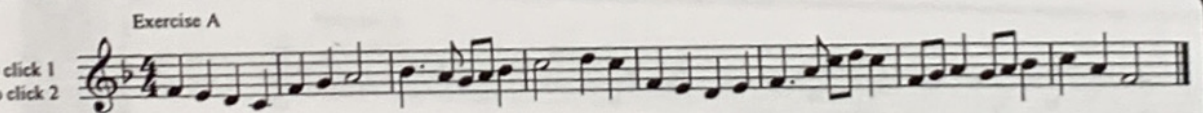
Exercise C  
CD click 1  
w/o click 2



Musical notation for Exercise C on Day 4, written in treble clef with a key signature of one sharp (F#) and a 3/4 time signature. The exercise consists of a single melodic line with various rhythmic patterns, including eighth and sixteenth notes, and rests.

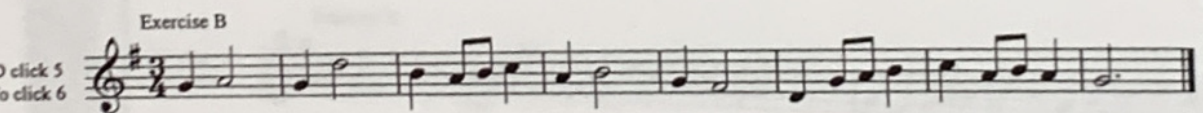
## Day 5

Exercise A  
CD click 1  
w/o click 2



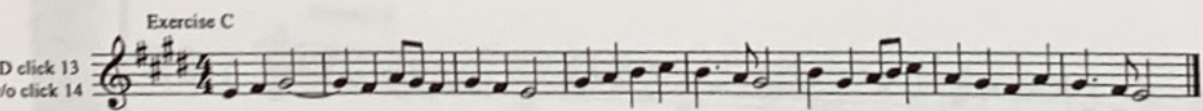
Musical notation for Exercise A on Day 5, written in treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The exercise consists of a single melodic line with various rhythmic patterns, including eighth and sixteenth notes, and rests.

Exercise B  
CD click 5  
w/o click 6



Musical notation for Exercise B on Day 5, written in treble clef with a key signature of one sharp (F#) and a 3/4 time signature. The exercise consists of a single melodic line with various rhythmic patterns, including eighth and sixteenth notes, and rests.

Exercise C  
CD click 13  
w/o click 14



Musical notation for Exercise C on Day 5, written in treble clef with a key signature of two sharps (F#, C#) and a 4/4 time signature. The exercise consists of a single melodic line with various rhythmic patterns, including eighth and sixteenth notes, and rests.

## Soprano and Tenor Exercises Week 8

- Alternate practicing with the click track, then without it.
- Move slowly and steadily so that your eyes move ahead at an even pace.
- Do not stop in your actual reading. Pauses are rhythmic mistakes.

### Day 1

Exercise A

CD click 1  
w/o click 2

Exercise B

CD click 13  
w/o click 14

Exercise C

CD click 5  
w/o click 6

### Day 2

Exercise A

CD click 1  
w/o click 2

Exercise B

CD click 5  
w/o click 6

Exercise C

CD click 1  
w/o click 2

### Day 3

Exercise A  
CD click 5  
w/o click 6

Exercise B  
CD click 1  
w/o click 2

Exercise C  
CD click 7  
w/o click 8

### Day 4

Exercise A  
CD click 1  
w/o click 2

Exercise B  
CD click 5  
w/o click 6

Exercise C  
CD click 7  
w/o click 8

### Day 5

Exercise A  
CD click 1  
w/o click 2

Exercise B  
CD click 5  
w/o click 6

Exercise C  
CD click 13  
w/o click 14



## Soprano and Tenor Exercises Week 9

- Confidence is everything in sight singing.
- Tell yourself that you will improve each day.
- Judge yourself fairly. Do not be overcritical of yourself when you make a mistake. Remember, this is only practice.

### Day 1

Exercise A  
CD click 5  
w/o click 6

Exercise B  
CD click 9  
w/o click 10

Exercise C  
CD click --  
w/o click 8

### Day 2

Exercise A  
CD click 5  
w/o click 6

Exercise B  
CD click 13  
w/o click 14

Exercise C  
CD click 1  
w/o click 2

### Day 3

Exercise A  
CD click 5  
w/o click 6

Exercise B  
CD click 7  
w/o click 8

Exercise C  
CD click 9  
w/o click 10

### Day 4

Exercise A  
CD click 1  
w/o click 2

Exercise B  
CD click 7  
w/o click 8

Exercise C  
CD click 5  
w/o click 6

CD click 1  
w/o click 2

CD click 7  
w/o click 8

CD click 5  
w/o click 6

### Day 5

Exercise A  
CD click 1  
w/o click 2

Exercise B  
CD click --  
w/o click 6

Exercise C  
CD click 5  
w/o click 6

CD click 5  
w/o click 6

CD click 1  
w/o click 2

CD click 13  
w/o click 14

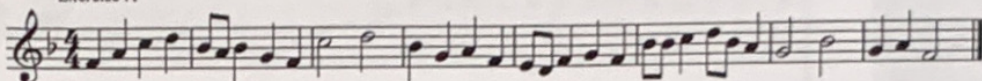
## Soprano and Tenor Exercises Week 10

- Check your key AND meter signatures before you begin.
- Using your key signature and tonic triad, find the starting pitch. Remember that sometime the starting pitch will NOT be the tonic note.
- Sight singing is great "sport." Have fun. Judge yourself. Get stronger every day!

### Day 1

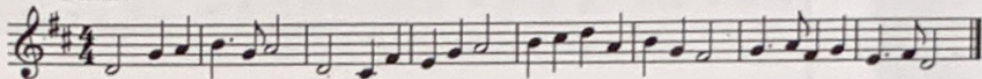
#### Exercise A

CD click 1  
w/o click 2



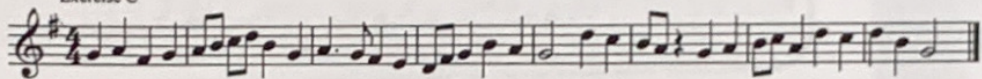
#### Exercise B

CD click 7  
w/o click 8



#### Exercise C

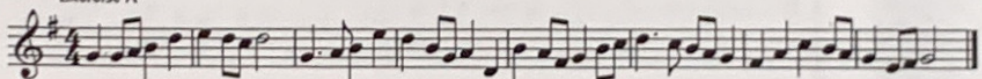
CD click 5  
w/o click 6



### Day 2

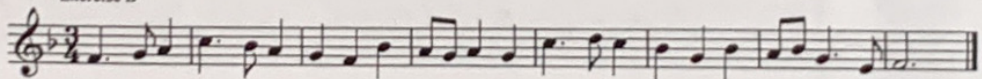
#### Exercise A

CD click 5  
w/o click 6



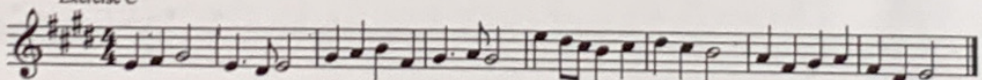
#### Exercise B

CD click 1  
w/o click 2



#### Exercise C

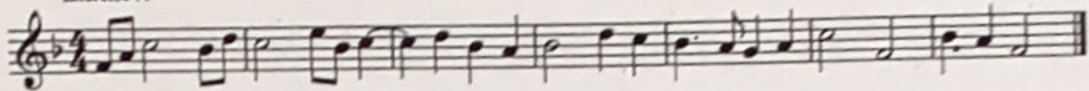
CD click 13  
w/o click 14



## Day 3

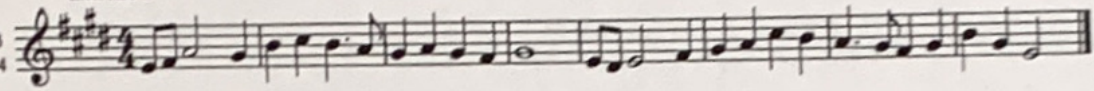
### Exercise A

CD click 1  
w/o click 2



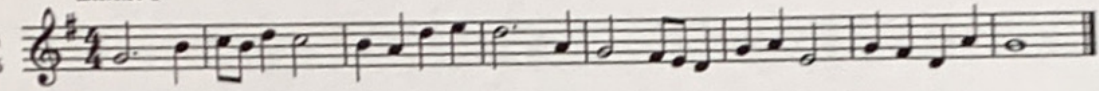
### Exercise B

CD click 13  
w/o click 14



### Exercise C

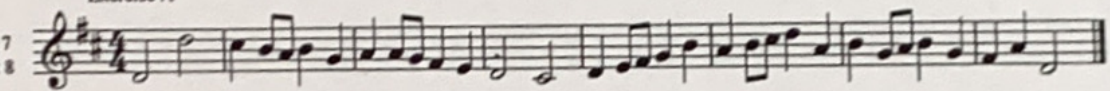
CD click 5  
w/o click 6



## Day 4

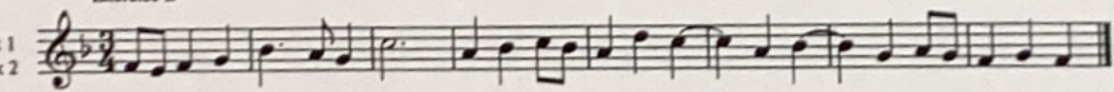
### Exercise A

CD click 7  
w/o click 8



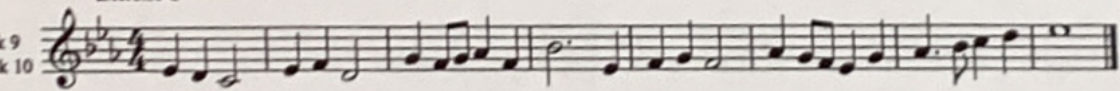
### Exercise B

CD click 1  
w/o click 2



### Exercise C

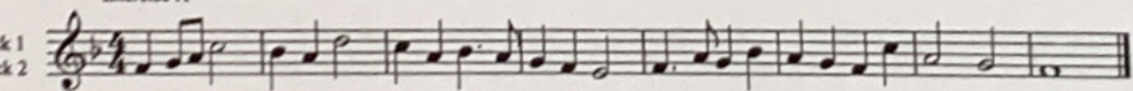
CD click 9  
w/o click 10



## Day 5

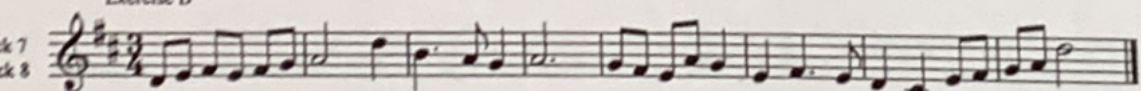
### Exercise A

CD click 1  
w/o click 2



### Exercise B

CD click 7  
w/o click 8



### Exercise C

CD click 5  
w/o click 6

